

Fiber Folks of SWMO Fill Your Cup Annual Retreat

	Friday	Saturday	Sunday
Time	10/25/2019	10/26/2019	10/27/2019
7:00am		Yoga with Tom	Faux-Mosas & Fiber
7:30am			
8:00am		Breakfast	Breakfast
8:30am			
9:00am		Name Tags & Bags; Felt Animals	<i>Your choice:</i> Wooly Feather Tree, Part 2
9:30am			
10:00am		<i>Your choice:</i> Wool Wreath	Personal Time
10:30am			Scavenger Basket Finale
11:00am		Basket Weaving – Class A	
11:30am		Beginning 4 Harness Weaving <i>(see description below)*</i> Personal Time	
12:00pm	Set Up <i>(organizers only)</i>	Lunch	Departure
12:30pm			<i>(Lunch NOT provided)</i>
1:00pm		Group Activity	
1:30pm			Tear Down
2:00pm	Meet & Greet Pick a room Explore Play (Scavenger Hunt clues given every 30 minutes)	<i>Your choice:</i> Zen Doodle Painted Box	
2:30pm			
3:00pm		Basket Weaving – Class B	
3:30pm			
4:00pm		Beginning 4 Harness Weaving*, Continued	
4:30pm		Personal Time	
5:00pm	Dinner	Dinner	
5:30pm			
6:00pm	Name Tags & Bags	Homemade Gift Exchange	
6:30pm	<i>Your choice:</i>		
7:00pm	Wooly Feather Tree, Part 1	Line Dancing	
7:30pm	Personal Time		
8:00pm	Roast & Toast	Roast & Toast	
8:30pm			

***Beginning 4 Harness Weaving:** Learn the basics to get you started with a 4 harness loom.

- ✓ Name the parts of a loom,
- ✓ How the different parts work together,
- ✓ Dress (warp) the loom,
- ✓ Intro to reading a draft (pattern),
- ✓ Trouble shooting, and
- ✓ Weave a sample!

Materials cost estimate \$10 to \$15. Students should bring a 4 harness loom if you have one.

Instructors: Gary Hansford and Lee Rodriguez